

# DEMENTIA PROJECT PARTNERSHIP AND BEYOND.....

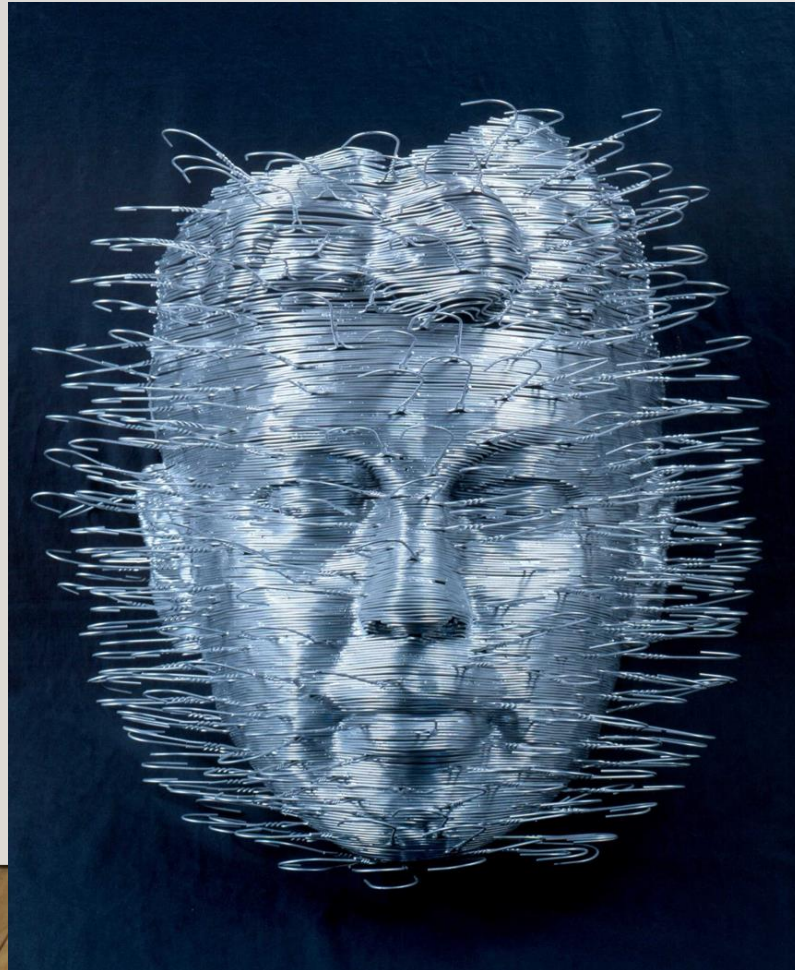
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CONTINUITY AND CHANGE



# KEY TO UNDERSTANDING

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*“This is how I see the brain of a person with dementia – jagged and disconnected but with memories hung here and there”*

# THE BEGINNING

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- Inspiration at the National Health & Wellbeing Conference in 2016
- Meeting April 2016 to create plan
- Meeting with Dementia Forward May 2016





# 5 STEPS TO MENTAL WELLBEING CONNECT

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## Planning



## Volunteers



# CONNECT

## VENUES, EXHIBITIONS, COLLECTIONS & MUSEUM ACTIVITIES

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# CONNECT PARTICIPANTS

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# CONNECT THE WIDER GROUP

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# BE ACTIVE

## VENUES, EXHIBITIONS, COLLECTIONS & MUSEUM ACTIVITIES

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# BE ACTIVE PARTICIPANTS

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# BE ACTIVE

## THE WIDER GROUP

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# TAKE NOTICE

## AWARENESS OF WHAT'S AROUND

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# TAKE NOTICE

## THOUGHTS, FEELINGS – OWN AND OTHERS

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# TAKE NOTICE

## PERSONAL & GROUP REFLECTION

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There was much laughter as you spent time with the artists Rob and Richard. We all shared each other's favorite colours, foods artists etc. We even had some sweets whilst we were thinking. Your earliest memory was Keighley Grammar School and your favorite music is Jazz and bagpipes. You listened to Richards first memory of being pushed down the stairs in a plastic bath - you wondered if there was water in it ?

Rob was also talking about the importance of smells, ... roast beef dinners and carbolic soap.... We talked about the importance of music taking you back to certain experiences and you remembered listening on the wireless on a Sunday. You also used to visit Charlie's flics in your village. You listened to Duncan admitting that he was from Lancashire - you wanted to know what was the best thing about Lancashire.

Your one piece of advice.... ' Don't leave it too long to do the things that you want to do'  
You chatted away to others whilst Jenny was doing her self portrait.

When you looked around the workhouse you had lots of interesting questions. Life seemed really tough in those days?

# TAKE NOTICE

## NEW PERSPECTIVES

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# KEEP LEARNING PARTICIPANTS

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# VOLUNTEERS



# KEEP LEARNING

## CHALLENGES AND IMPACTS

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# KEEP LEARNING ORGANISATIONAL

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# GIVE

## PARTICIPANTS – THE WIDER COMMUNITY - VENUES

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# EVALUATION

- Participants average wellbeing score increase 6.3
- Carers average wellbeing score increase 5.6

*“Feeling very confident at the moment, feeling great now”*  
Dementia sufferer


*“Yes feeling good now, loved today, really enjoyed today”*  
Carer

*“Learnt a lot about printing and therefore feel much more confident, really enjoyed the practical work, had a lot of fun and a good laugh”*  
Volunteer

*“Session lifts my mood every week”*  
Staff member

Name [REDACTED] Venue Mercer -gallery. Activity -tour and mono printing

Photos



NAME: \_\_\_\_\_

**Well-being Scale**

Below are some statements about feelings and thoughts.  
Please tick the box that best describes your experience before today's session starts.

STATEMENTS	None of the time	Some of the time	Most of the time	Any other comments
I've been feeling good about myself				
I've been feeling useful				
I've been feeling relaxed				
I've been feeling interested in other people				
I've been feeling confident				
I've been able to make up my own mind about things				
I've been interested in new things				
I've been feeling cheerful				

# CONTINUITY & CHANGE

## WHAT WE LEARNED AND HOW WE CHANGED

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- How quickly participants' conditions progress – a large proportion of our participants have moved into nursing homes as they become more difficult to care for at home
- Encourage carers to keep involved even if their partners are no longer able to attend
- Barriers to participation for nursing homes
- Impact on sustainability
- Changing landscape of care provision
- A mixed economy of provision – outreach and museum-based
- A wider interpretation – of target groups – older, socially isolated, learning difficulties

