

# Breathing Space Project

Yorkshire Sculpture Park & Asha Munn  
2012 - 2016

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*All names and identifying features have been changed to protect anonymity and each client has given written permission to share their work, their art therapy experience and photographs of themselves.*



















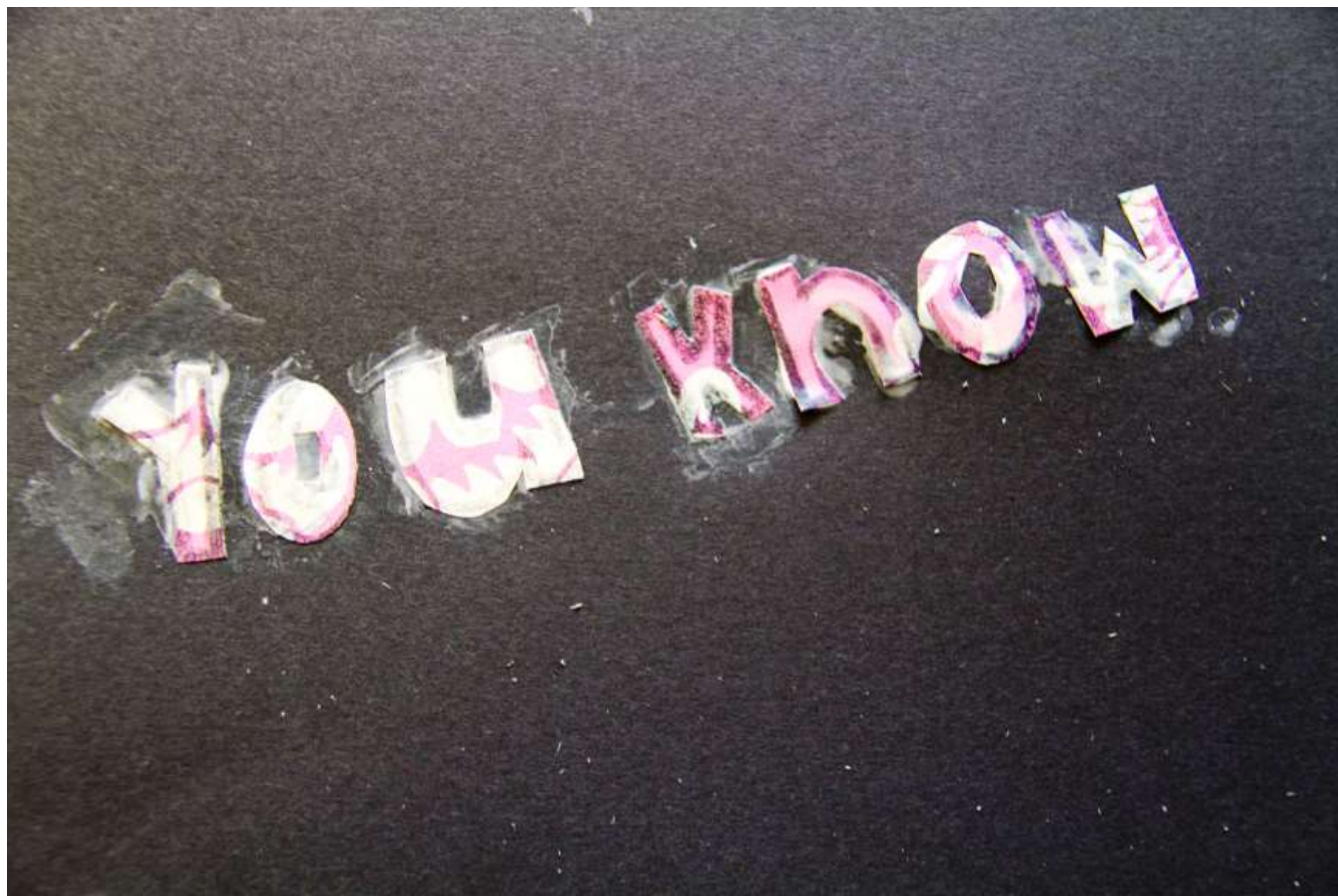




















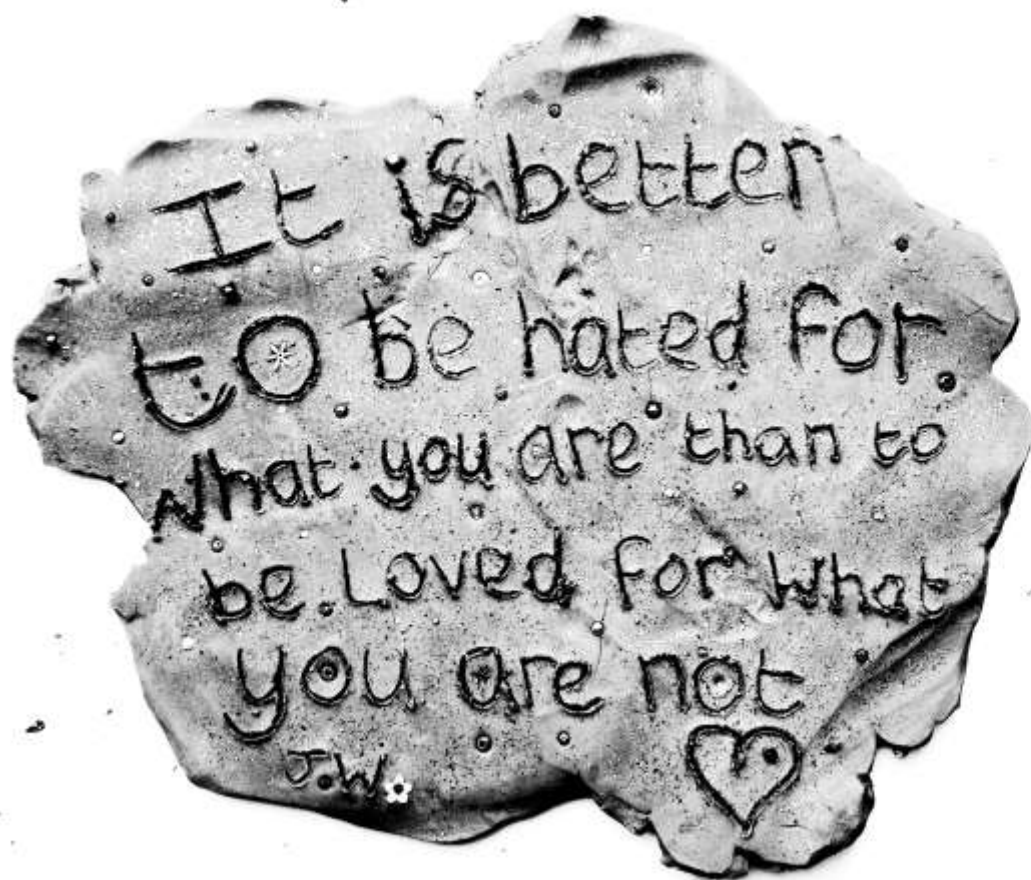












It is better

to be hated for

what you are than to

be loved for what

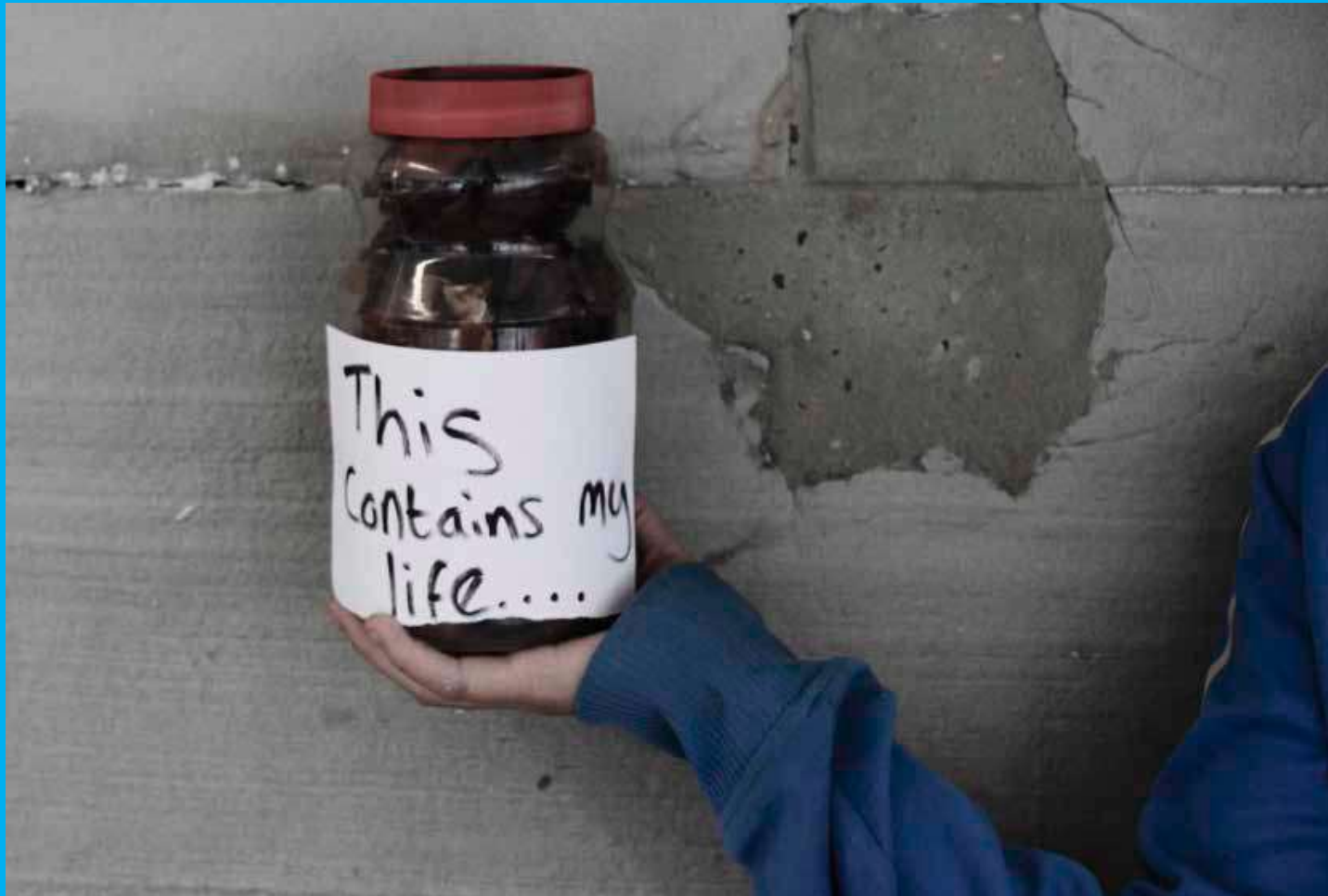
you are not

J.W.





# Jane's Story







Oi, you...  
Listen to me!  
Small voice  
big heart!















































life is like  
blutack....

It only stretches  
so much until  
it snaps! ♡



















# South West Yorkshire Partnership



NHS Foundation Trust



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